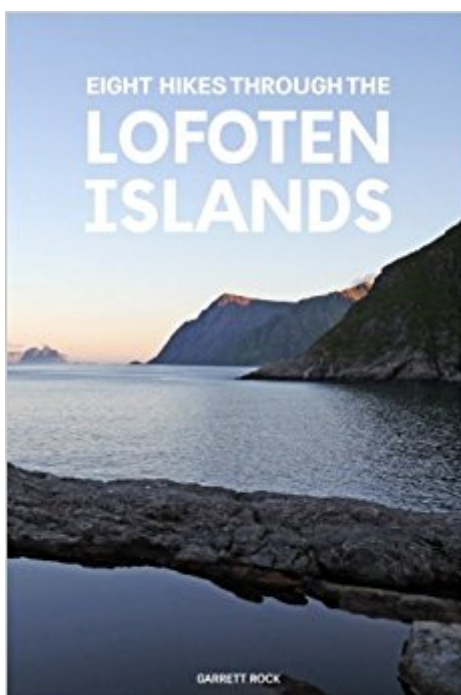


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# Eight Hikes Through The Lofoten Islands



## Synopsis

The Lofoten Islands, an archipelago of hundreds of islands extending into the Norwegian Sea, are perhaps one of the most beautiful and rugged regions on Earth. Completely north of the Arctic Circle, the islands form a dramatic silhouette of steep peaks, glacial lakes suspended above sea level, and long fjords that delineate yet unite sea and land. "Eight Hikes through the Lofoten Islands" showcases some of the most quintessentially Lofoten landscapes on four of the archipelago's major islands • Moskenesfjella, Flakstadfjella, Vestvågøyfjella, and Austvågøyfjella. In addition, this guidebook discusses travel basics, weather, the midnight sun, transportation options to and from and within the islands, major attractions, accommodation options, and restaurants to help plan one's stay. The story of the Lofoten Islands is furthered through detailed hiking information, trail notes, custom maps and graphics, and photographic sequences of each of the eight hikes.

## Book Information

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## Customer Reviews

Garrett Rock is an architect, graphic designer, and travel writer based in Brooklyn, New York.

A beautifully detailed travel guide and author's travel journal. This book offers everything, and more, a traveler/hiker would require to plan a hiking trip to the Lofoten Islands. The guide covers every detail from where to eat, stay, and hike as well as what to expect during those hikes. The photo journal pictures are breathtaking and expertly taken. As this book was written by the hiker, details to the important information needed by hikers are laid out to perfection. If you had not planned a hiking

trip to this area, after reading this book you will definitely make plans to go.

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